

TEN TORS 2025

INFORMATION MEETING

19th October 2024

10:00-12:00

The Ten Tors Challenge

Starts and finishes at Okehampton Army Camp.

Organised by the Army, with support from the Royal Navy and RAF, as well as civilian emergency services and volunteers.

Attempted by 2,400 teenagers, in 400 teams of six.

Routes of 35, 45 or 55 miles depending on age, visiting 10 tors/check points in under two days.

Teams must be self-sufficient, carrying all they need to complete their route and stay out overnight.

35 miles – open to all 14-15 year olds as at 31st August 2024.

45 miles – open to all 16-17 year olds as at 31st August 2024 (or those who have previously completed the 35 mile challenge).

Our teams

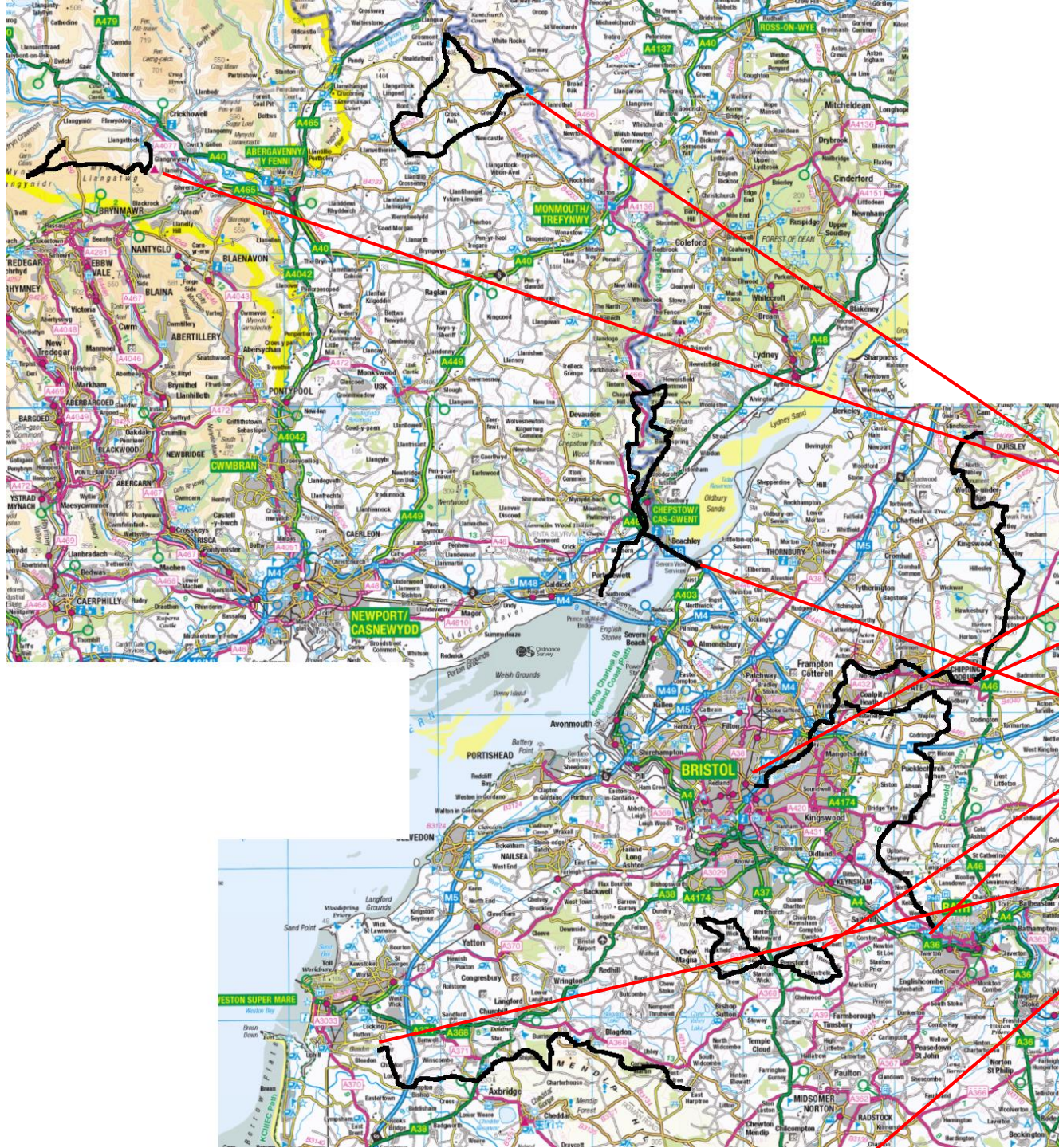
2 x 35 mile teams

1 x 45 mile team

100% success rate at the 35 mile challenge over more than ten years

Training Programme

- Our robust training programme is intensive, challenging and fun.
- We focus on camping skills, cooking, fitness, navigation, kit, first aid, route planning and team-building sessions.
- Only teams that have a full set of skills will come back having completed the event.
- We expect you to attend all the training activities, and will keep records, but we do recognise that there will be some events that you cannot attend.
- **Please note** that the weekends on Dartmoor, in April, are **compulsory** as these provide essential training aspects which will be monitored by the event's official scrutineers.
- If you are unable to attend any training event, please let us know.



	M	T	W	Th	F	Sa	Su	
Oct	07	08	09	10	11	12	13	
	14	15	16	17	18	19	20	Intro meeting
	21	22	23	24	25	26	27	
Nov	28	29	30	31	01	02	03	
	04	05	06	07	08	09	10	Frome Valley
	11	12	13	14	15	16	17	Bath - Zion/Mafekin
	18	19	20	21	22	23	24	
Dec	25	26	27	28	29	30	01	Cotswold Way
	02	03	04	05	06	07	08	
	09	10	11	12	13	14	15	Theory 1, Pensford 8
	16	17	18	19	20	21	22	
	23	24	25	26	27	28	29	
Jan	30	31	01	02	03	04	05	
	06	07	08	09	10	11	12	Brecon Beacons
	13	14	15	16	17	18	19	Theory 2, Day on Dartmoor
	20	21	22	23	24	25	26	First Aid (To Be Confirmed)
Feb	27	28	29	30	31	01	02	
	03	04	05	06	07	08	09	Three Castles
	10	11	12	13	14	15	16	
	17	18	19	20	21	22	23	
Mar	24	25	26	27	28	01	02	Theory 3, Mendips
	03	04	05	06	07	08	09	
	10	11	12	13	14	15	16	Wye Valley
	17	18	19	20	21	22	23	Theory 4
	24	25	26	27	28	29	30	
Apr	31	01	02	03	04	05	06	Dartmoor 1
	07	08	09	10	11	12	13	Reserve Dartmoor 1
	14	15	16	17	18	19	20	
	21	22	23	24	25	26	27	Dartmoor 2
May	28	29	30	01	02	03	04	Event Briefing / Reserve Dartmoor 2
	05	06	07	08	09	10	11	Ten Tors Event

Training dates

- Training includes day walks, weekend training / expeditions and theory sessions covering -
 - ✓ navigation
 - ✓ use of equipment
 - ✓ personal kit checks
 - ✓ first aid
 - ✓ preparation for expedition weekends
- The training is currently scheduled with some Saturdays, some Sundays, and some whole weekends.
- Training dates are listed on the Training Dates Summary on our Forms and Downloads page.

The calendar of training dates and locations page on the same website will be updated with full details of start and finish locations, so keep watching the calendar for all information about training sessions.

This year we will use 1st Thornbury HQ as our meeting venue for kit check and theory training sessions and 1st Woodend for First Aid training session.

**From Forms and Downloads -
- Training Dates Summary**

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Team selection

- Each team has 6 members.
- This is one of our biggest challenges as we often have more explorers training than we have places.
- We need to be sure each team has the right combination of skills to have the best chance of finishing the event.
- Our decisions are based on skills, attendance, behaviour and fitness levels, and the training team have the final decision. We only decide the teams once most of the training is complete.

All kit must satisfy the official list – take it shopping with you.

If you're not sure, ask us before you buy anything.

We'll check kit before training weekends.

You can use the same kit for DofE and other Explorer activities.

You'll need a good pair of walking boots, walking trousers or leggings and a full set of waterproofs, plus a water bottle or hydration pack, lunch, snacks, a headtorch and a day rucksack, for your first training session.

Sleeping bags, expedition rucksacks and other equipment can be bought later.

Personal equipment

From Forms and Downloads -

- official Ten Tors kit list
- information sheet about discounts from outdoors shops
- document showing example kit

We operate under Scout Association rules -

- Hillwalking permits
- Camping permits
- DBS checks
- First Aid certificates

- Our registration form will be used for all training, if any contact details change or you are away please let us know where to find you.

We have a code of conduct -

- Training team instructions must be followed
- Litter- take it home or put it in a bin
- No smoking, drugs or alcohol
- Respect all property and belongings
- Don't walk on crops, don't climb walls and shut gates behind you

Our rules- your rules

From Forms and Downloads -

- Countryside Code leaflet
- Tick Aware leaflet

Training for 35 miles can cover the following Bronze award sections-

- EXPEDITION SECTION – covers the training requirement and expedition
- PHYSICAL SECTION – Walking for Fitness- we recommend for your 6 month requirement
- SKILL SECTION - Navigation skills – 3 months – you need to be seriously interested in this and talk to us first!

You need to be in control of your DofE Award and not rely on the training team to do it all for you.

We will register expeditions where appropriate and supply assessor reports on request.

Training for 45 miles can cover the following Silver award section -

- EXPEDITION SECTION – covers the practice expedition (If there are enough for a team)

Ten Tors and DofE

For more information including how to register for DofE through Explorer Scouts see <https://cesd.org.uk/sections/explorers/DofE/>

The event –

9-11 May 2025

- Just before the event, you and your parents will need to come to our Event Briefing for a final kit check and a compulsory safety briefing.
- You need to be at Okehampton camp in the early afternoon of Friday 10 May.
- Ask your school for permission well in advance.
- This gives you time for final kit checks, time to study your route, and enjoy the armed forces activities, then relax and have something to eat (we provide a meal).
- Parents and friends are very welcome to come to the start at 7am on Saturday morning and also on the Sunday to cheer the teams home – this could be anytime between late morning and 5pm. It's a fantastic day!

If you're in your GCSE or A level year, check the exam timetable –some exams are in the days immediately before and after Ten Tors.

This year we are using a pay monthly based approach to training.

- The Training Fee is £20 per month for the 6 month period of training covering November through to end of April.
- Plus an Event Entry Fee of £60 for those selected for our teams.

This gives you a more flexible approach to the early training before committing to the full cost.

Please pay by bank transfer with a reference of the participant's name.

Bank details are available on hand-out along with QR codes for registration form and WhatsApp groups. There is also a Gift Aid form to be returned at the first hike attended.

Costs

Covers the cost of:

- Entering the event and camp fees for training walks and weekends
- Team equipment such as stoves and tents, and first aid courses
- Leaders' fuel costs
- Some meals on training weekends and at the event itself

From Forms and Downloads -

- Registration & Health Form

Parent help

To make this a success, we need your help!

You'll need to transport your explorer to and from training walks (we'll put you in touch with other parents for lift shares).

You'll also need to make sure they are properly equipped.

If you're an experienced hillwalker and want to join us on any of the trips, let us know. We'll need to make safeguarding checks.

Almost all our current training team are parents of previous participants or were previous participants.

Thanks for coming -any questions?

Please make sure you've filled in our attendance sheet.

We look forward to seeing you!!

Contacts:

Email – TenTors@cesd.org.uk

Steve Martin 07875 032257

Derek Forward 07973 222341

Chris Harris 07880 528810

All forms etc can be found on the Forms and Downloads page on our website - <http://cesd.org.uk/TenTors>

Facebook – Cotswold Edge District Ten Tors

Instagram -
[@cotswoldedgedistricttentors](https://www.instagram.com/cotswoldedgedistricttentors)

Parent WhatsApp



Registration Form

<https://forms.office.com/e/5JZSTD0AnH>



Participant WhatsApp

