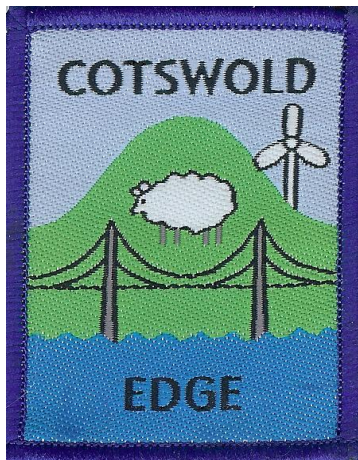




**TEN TORS 2026**  
**PARENTS**  
**AND**  
**PARTICIPANTS**  
**FINAL BRIEFING**  
**2<sup>ND</sup> MAY 2026**



Email: [TenTors@cesd.org.uk](mailto:TenTors@cesd.org.uk)

Website: <https://cesd.org.uk/TenTors>

Facebook: Cotswold Edge District Ten Tors

Instagram: [@cotswoldedgedistricttentors](https://www.instagram.com/cotswoldedgedistricttentors)



# FINAL TEN TORS BRIEFING



The teams are ready for  
Ten Tors 2026!



- Introduction
- TT26 Information & Safety Brief
- Information For Parents & Carers
  - Other Useful Information

TEN TORS  
**2026**

8th-10th May

*Steve Martin & Derek Forward*  
*(Main team managers at the event)*



# TEN TORS 2026

## MANDATORY

### INFORMATION & SAFETY

### BRIEF



TEN TORS  
2026

8th-10th May



The following videos are also available from:  
[https://www.tentors.org.uk/files/2026/20260421-Safety\\_Presentation\\_Participants\\_Final.ppsx](https://www.tentors.org.uk/files/2026/20260421-Safety_Presentation_Participants_Final.ppsx) and

<https://www.tentors.org.uk/files/videos/eXtrac-Beacon-Training.mp4>



TEN TORS

PARTICIPANTS MANDATORY INFORMATION AND SAFETY BRIEF

**MANDATORY information and SAFETY BRIEF****TRACKER BRIEF**

- Purpose of the GPS Trackers:
  - Safety
  - Monitor progress
  - Monitor compliance with rules
- Tracker training video is also available on the TT website under the Information tab, then Training dropdown.
- [eXtrac Beacon Training Video](#)





# TEN TORS 2026

## INFORMATION FOR PARENTS & CARERS



TEN TORS  
2026

8th-10th May

# TEN TORS 2026 -Team Managers' Notice to Parents and Guardians

*Parents/Guardians: please read this notice and take it with you if visiting Ten Tors.*

Your child has been selected to participate in the Army's Ten Tors Event on Dartmoor over the weekend 9<sup>th</sup>-10<sup>th</sup> May 2026. They have completed training under our direction and are well prepared for their Challenge.

1. We (the Team Managers) are responsible for the conduct and wellbeing of participants over the weekend until the start of their Challenge, and from hand back by the Army until we return your child to you. We are also responsible for the conduct of all involved with our Team including supporters. To assist us with this please follow this notice closely.
2. We will set up camp on 7<sup>th</sup>-8<sup>th</sup> May, and your child will move to the Camp on Friday 8<sup>th</sup> May where they will have a final check of all equipment and their planned routes. The Team Staff will provide the meal on evening of Friday 8<sup>th</sup> May and breakfast early morning on Saturday 9<sup>th</sup> May.
3. Friends and family are very welcome to visit Okehampton Camp at any time during the Event. Due to the expected heavy traffic, you should allow 1 hour from the A30 Okehampton junction to the Camp. Car passes are available to purchase either via the Ten Tors website in advance of the Event (£8 per day for Saturday & Sunday). **Online purchase is required as cash payments at the gate will not be accepted and tickets are limited.** No parking is allowed on Dartmoor or on the approaching roads.

## **TEN TORS 2026 -Team Managers' Notice to Parents and Guardians (Continued)**

4. The Jubilee Challenge will start on Sat at 0730hrs and finish from Sat 1100 to 1800hrs, depending on the route taken and the team speed.
5. The Dartmoor Granite Challenge will start on Sat at 0730hrs and finish from Sun 0900hrs to 1100hrs, depending on the route taken and the team speed.
6. The Ten Tors Challenge starts on Sat at 0700hrs with, weather permitting, a parachute display and the deployment of The Royal Artillery Guns. The Challenge finishes on Sun, with the earliest teams arriving at around 0830hrs. All teams aim to finish by 1700hrs. You can find out when teams are likely to arrive by visiting <https://www.tentors.org.uk/>. It can take time to update the website, so delays are not a cause for concern. On Sun the Public Information building will display the location of teams at one-minute intervals once they have passed their last staffed location.
7. To follow a Team's progress, you will need to know the Team's Route Code, which will be notified on our WhatsApp / social media pages following the route announcements (expected on Tuesday 5<sup>th</sup>).
8. Please pay attention to the safety instructions contained in the Event Brochure that you will receive as you arrive at the public car park.

## **TEN TORS 2026 -Team Managers' Notice to Parents and Guardians (Continued)**

9. Before departing for Dartmoor please note that:
  - a. Flying drones is illegal on Dartmoor under the National Park Byelaws and is strictly forbidden on Ten Tors due to the serious safety risks they pose to helicopters.
  - b. Dogs are not permitted to overnight in car parks or allowed on the campsite unless in transit. They may be taken into the public areas of Okehampton Camp and onto the Moor provided they are insured, on a lead and owners deposit waste in the bins provided.
  - c. If you visit the campsite, please report to one of us (Team Managers) so that we can inform you of additional safety rules.
10. Please leave the participants to carry out their Challenge unaided as anything that might be construed as assistance can lead to disqualification. The exception is the last 500 metres where you are actively encouraged to come along to encourage and enthuse!
11. In the event of any incident, such as individual or team withdrawal, medical evacuation, event cancellation etc. the Army will pass on relevant details directly to us and to other Team Managers as required. We will inform you by telephone of any incident affecting your child. If you have any concerns, please direct them to us and not to the Army.

## **TEN TORS 2026 -Team Managers' Notice to Parents and Guardians (Continued)**

12. Please note that as a safeguarding measure, the Army will **only** hand over participants to the registered Team Manager / Deputy Team Manager and not directly to parents / carers.
13. Please ensure we have your mobile telephone number in case we need to contact you.
14. The Team Manager and Deputy Team Manager details are as follows:

**Steve Martin: 07875 032257**

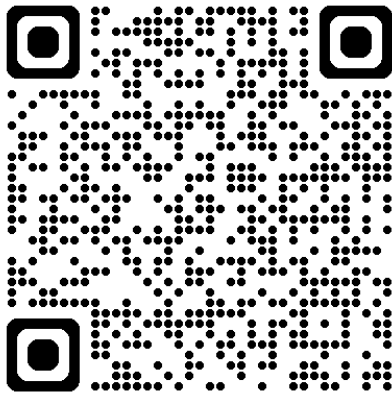
**Derek Forward: 07973 222341**

# YOU MUST PRE-PURCHASE PARKING (for Sat & Sun)

## THERE WILL BE NO ON THE GATE CASH OR CARD PAYMENT OPTIONS

<https://www.tentors.org.uk/admin/parking>

### QR Code for purchasing Car Parking:



Home About ▾ Ten Tors Challenge ▾ Jubilee Challenge ▾ Dartmoor Granite Challenge ▾ Rules ▾ Information ▾ TM Dashboard

### Ten Tors Spectator Parking

All parking tickets are to be prepaid online in advance. They **must be printed in colour and clearly displayed on your vehicle dashboard**. ANPR will be in operation, so please ensure details are entered correctly to avoid being turned away.

If you plan to attend both Saturday and Sunday, you must purchase a ticket for each day. For disabled parking, a valid blue badge must be shown upon entry and clearly displayed in your vehicle dashboard.

Please enter your details for the parking pass. After payment, the pass will be sent to the email address provided. If you did not receive the email with the pass, you can [retrieve your pass here](#).

Disabled parking

\* Ticket type  Saturday Parking (£8)  
 Sunday Parking (£8)

\* First name

\* Last name

\* Mobile phone

\* Email address

\* Vehicle registration

[Next step](#)

# TEN TORS 2026

## OTHER USEFUL INFORMATION



**Scouts**

Cotswold Edge  
Ten Tors

## **ARRIVAL ON Friday 8<sup>th</sup> May:**

- **We need you to arrive around midday on Friday 8<sup>th</sup> May**
- **Remember to book day of school (if not already done so)**
- **Please remember to bring ALL your kit, with all meals and emergency rations correctly labelled (remember you can be scrutineered at any time even after crossing the finish line)**
- **How to find us...**

**Scouts**  
**Cotswold Edge**  
**Ten Tors**

# Map of Okehampton Camp

We will mark our base camp location, once it has been established, on Thursday and publish it on WhatsApp & Facebook. Ten Tors will be signposted from A30 but if you need directions to Okehampton camp then the following link has Google maps location of Okehampton Battlecamp:

<https://goo.gl/maps/CZqw7x2YiQ2QTdAR9>



 what3words

We will also publish on WhatsApp & Facebook the what 3 words location of our base camp.

# Okehampton Camp Plan



# Okehampton Camp Plan

THE EVENT

CAMP PLAN





**LOOK FOR OUR  
DISTRICT SIGN  
AND MESS TENT**

**Cotswold Edge Scouts- Zeus**

**1010**

# OUR 35m TEAMS

**No. 1 = Team Leader**

## **(1010-35) Cotswold Edge Scouts - Zeus**

- 1 Alfie Watts**
- 2 Joseph Hart**
- 3 Katherine Green**
- 4 Taia Gedde**
- 5 Lucy Baker**
- 6 Olwen Smith**

## **(1513-35) Cots Edge Explorer Scouts**

- 1 Luca Bruschini**
- 2 Benjamin Szeki**
- 3 Seth Kilburn-Bond**
- 4 Edric Taylor**
- 5 George Brady**
- 6 Jonah Maharjan**



**1513**

**Cots Edge Explorer Scouts**

# OUR 45m TEAM

No. 1 = Team Leader



## (1513-45) Cots Edge Explorer Scouts

- 1 Will Ward-Booth
- 2 Miles Macgregor
- 3 Jamie Guy
- 4 Samuel Hall
- 5 Alice Macgregor
- 6 Matt Pirouet

# TenTors.org.uk



TEN TORS  
**2026**

8th-10th May



- Home
- About ▾
- Ten Tors Challenge ▾
- Jubilee Challenge ▾
- Dartmoor Granite Challenge ▾
- Rules ▾
- Information ▾
- TM Dashboard

## Welcome to

2026

Headquarters South West  
Director

Welcome to the Ten Tors website. You can look back on Ten Tors 2025 and previous years [in the archive](#).

can look back on Ten Tors 2025 and previous years [in the archive](#).

- Routes
- Teams
- Route Allocations
- Results
- Help & FAQs

**Route Allocations & Results (Tracking)**

## TT Secretary's Notices

Mon 27 Apr 2026 — Team Vehicle Passes

Team Managers – parking passes for teams will be available from Tuesday, 5 May at 08:00

Mon 27 Apr 2026 — Carpark tickets



Home

About ▾

Ten Tors Challenge ▾

Jubilee C

Welcome to

26

Welcome to Ten Tors

can look

Routes

Teams

Route Allocations

Results

Help & FAQs

**Route  
Allocations  
& Results  
(Tracking)**

**TT Secretary's Notices**

## Route Allocations

The teams and routes for Ten Tors 2022 are below:

TT35	AA	1387 (Liskeard) Sqn ATC	
TT45	QA	197 (Devonport) Sqn ATC A	
TT45	RG	197 (Devonport) Sqn ATC B	
TT35	BA	2171(West Plymouth) Sqn RAFAC	
TT55	YA	2309 (City of Plymouth) Sqn ATC	
TT35	CA	2377 (Plympton) Sqn ATC	
TT35	DA	2381 (Ilminster) Sqn ATC	
TT35	PD	Coombe Dean School B	
TT45	SD	Cotham School	
TT35	CE	Cots Edge Explorer Scouts	--- 1513
TT45	SE	Cots Edge Explorer Scouts	
TT35	DE	Cotswold Edge Scouts - Zeus	--- 1010
TT45	SF	Cotswold Edge Scouts - Zeus	
TT35	EE	Cullompton Community College	
TT45	SG	Cullompton Community College	
TT45	SH	Culm Valley Walkers	

**NOTE: These were a previous year's allocation – TT2026 not expected until Tue 5<sup>th</sup> May**

# TenTors.org.uk



TEN TORS  
2022

6th-8th May



About ▾

Ten Tors Challenge ▾

Jubilee Challenge ▾

Rules ▾

Information ▾

TM Dashboard

Engagement

You are viewing

of a previous Ten Tors event. [Click here to return to the current Ten Tors site.](#)

Routes

Teams

Route Allocations

Results

Help & FAQs

Ten Tors Results

Please select a route:

- Route A
- Route B
- Route C
- Route D
- Route E
- Route F
- Route G
- Route H

**EXAMPLE:**  
**Taken from 2022 –**  
**TT2026 not available**  
**until Tue 5<sup>th</sup> May**

## Ten Tors 2022 Results

Please select a route:

- Route A
- Route B
- Route C
- Route D
- Route E
- Route F

LAST UPDATED: 14:40  TEAM(KMZ) (GPX)	CODE	START	DINGER TOR	GREAT KNEESET	KITTY TOR (via)	NODDEN GATE	WILLSWORTHY	STANDON FARM	WHITE BARROW (via)	LONGAFORD TOR	CROW TOR (via)	POSTBRIDGE	STANNON TOR (via)	FERNWORTHY	KES TOR	WATERN TOR	OKE TOR (via)	FINISH	TEAM STATUS	INDIVIDUAL FALL OUTS
2381 (Ilminster) Sqn ATC (KMZ) (GPX)	DA	07:00	08:07	08:47	09:56	11:30	13:59	15:25	18:04	19:53	06:39	08:13	10:20	11:27	12:30	15:10			DID NOT FINISH	2
Yeo Vale Explorers (KMZ) (GPX)	DB	07:00	08:08	08:50	09:50	11:14	12:39	13:50	15:05	17:11	17:45	19:43	07:14	08:30	09:44	11:41	13:20	14:37	FINISHED	
Bristol & Gloucester ATC (KMZ) (GPX)	DC	07:00	08:10	09:08	10:01	11:48	13:39	14:47	16:05	18:20	06:56	08:41	09:49	10:51	11:48	13:26	14:50	16:04	FINISHED	3 5
Churcher's College B (KMZ) (GPX)	DD	07:00	07:49	08:22	09:19	10:19	11:19	12:11	13:13	15:03	15:48	17:17	18:37	19:52	07:05	09:17	10:43	11:50	FINISHED	
Cotswold Edge Scouts - Zeus (KMZ) (GPX)	DE	07:00	08:02	08:42	09:46	11:10	12:40	14:07	15:26	17:33	17:57	19:46	07:06	08:12	09:06	10:50	12:18	13:42	FINISHED	
East Devon Explorer Scouts A (KMZ) (GPX)	DF	07:00	07:57	08:30	09:20	10:13	11:13	12:06	13:02	14:41	15:10	16:26	17:32	18:30	06:49	08:59	10:10	11:06	FINISHED	
Gordano District Scouts (KMZ) (GPX)	DG	07:00	08:03	08:42	09:40	11:16	12:40	13:50	15:13	17:10	17:48	19:37	06:50	07:58	09:06	10:44	12:11	13:30	FINISHED	
Horizons Youth Centre B (KMZ) (GPX)	DH	07:00	08:05	08:48	09:46	11:22	12:30	14:02	15:23	17:25	17:50	19:45	07:08	08:13	09:24	11:22	13:07	14:31	FINISHED	
King's School, The B (KMZ) (GPX)	DI	07:00	08:11	08:46	09:55	11:13	12:32	14:10	15:24	17:38	18:12	20:03	06:57	08:26	09:39	11:55	13:38	15:02	FINISHED	
Menheniot Explorer Scouts (KMZ) (GPX)	DJ	07:00	08:06	09:04	09:58	11:59	13:45	15:33	16:51	18:50	19:44	07:21	08:40	10:03	11:15	13:22	14:57	16:06	FINISHED	
QE Academy Trust A (KMZ) (GPX)	DL	07:00	08:09	08:58	09:45	11:03	12:43	14:17	15:24	17:27	06:01	07:25	08:38	10:10	11:10	12:48	14:19	15:27	FINISHED	6
Sherborne School CCF A (KMZ) (GPX)	DM	07:00	07:49	08:23	09:10	10:53	11:56	13:18	14:23	16:27	17:02	18:17	19:36	06:46	08:03	09:48	11:02	11:57	FINISHED	
St James School B (KMZ) (GPX)	DN	07:00	07:55	08:34	09:33	11:03	12:25	13:44	14:44	16:31	16:54	18:19	20:00	07:10	08:09	10:10	11:35	12:51	FINISHED	
Teign School A (KMZ) (GPX)	DO	07:00	08:09	08:58	09:58	11:45	13:16	14:24	15:45	17:33	18:03	20:01	07:07	08:09	09:06	10:54	12:58	14:27	FINISHED	
Yeti Explorer Scouts (KMZ) (GPX)	DP	07:00	08:03	08:40	09:35	11:15	12:32	13:42	14:59	17:13	17:46	19:26	06:55	07:54	08:56	10:41	12:16	13:46	FINISHED	
Godolphin CCF C (KMZ) (GPX)	DQ	07:00	08:03	08:37	09:33	10:51	12:07	13:16	14:36	16:44	17:22	19:12	06:54	08:11	09:18	11:25	13:05	14:41	FINISHED	





TEN TORS  
CHALLENGE 2022  
CONTROL CARD  
35 MILES



# CONTROL CARD

CE

Cots Edge Explorer Scouts

ID	NAME	FINISH LOCATION (SC / FINISH STAMP)	FALL OUT / CRASH OUT / CASUALTY
----	------	--	---------------------------------------

RIVER STATE	INSERT
-------------	--------

AUTHORISED DELAY	DURATION	NAME	TIME

- Notes:
- Remember to activate your tracker before getting your card stamped.
  - Locations must be visited in the order shown.
  - Locations will not process teams between 2000 – 0800 hrs.
  - You will not be allowed past your 8<sup>th</sup> Tor on Saturday.

## EXAMPLE:

Above Taken from 2022  
Right from 2025

CE = 1513-35

NIGHT STOP (Only 35m)

DIRECTED WITHDRAWAL  
TIMES (35m & 45m)

CONTROLS		NIGHT STOP / DIRECTED WITHDRAWAL TIME	STAMP	TIME
START	OKE CAMP SX 5878 9262			
1	OKE TOR [SC] SX 6131 8978		STAMP	TIME
2	SHILSTONE TOR [SC] SX 6580 9020		STAMP	TIME
3	STEEPERTON TOR SX 6184 8889		STAMP	TIME
via	WATERN TOR SX 6290 8690	1830	STAMP	TIME
4	FERNWORTHY [SC] SX 6407 8432	1830	STAMP	TIME
via	STANNON TOR SX 6469 8109	1840	STAMP	TIME
5	POSTBRIDGE [SC] SX 6480 7879	1820	STAMP	TIME
via	HIGHER WHITE TOR SX 6180 7860	1820	STAMP	TIME
6	HOLMING BEAM [SC] SX 5914 7646	1810	STAMP	TIME
via	WHITE BARROW SX 5685 7931	1830	STAMP	TIME
7	STANDON FARM [SC] SX 5450 8146	1820 1000	STAMP	TIME
8	WILLSWORTHY [SC] SX 5257 8327	1140	STAMP	TIME
9	HARE TOR SX 5512 8428		STAMP	TIME
via	GREAT KNEESET SX 5890 8587		STAMP	TIME
10	EAST MILL TOR [SC] SX 5994 8987	1540	STAMP	TIME
FINISH	OKE CAMP SX 5878 9262		NAME	TIME

Title: **Ten Tors 35 mile - Route C**

Start Time: **07:00**

Pace (km/hr) **3.8**

# Route C

## For team CE (1513-35)

**EXAMPLE:**  
**From 2022**

Chkpt No.	Grid Reference	Place / Checkpoint Name (* = Service Centre)	Distance (Km)	Height Gained (m)	Journey Time (min)	ETA	NT	CT	Comments / Escape Route
START	SX 5878 9262	Anthony Stile S/F (Ten Tors Start/Finish)	0	0	0	07:00			Remember that if you take assistance you will be first aid you will administer) but not for help. assistance can be obtained at all locations. Teams and Centres) with base.
via	SX 6131 8978	Oke Tor *	4.86	160	93	08:33			
1	SX 6290 8690	Watern Tor	4	150	78	09:51			
2	SX 6654 8627	Kes Tor *	4.15	65	72	11:03			
3	SX 6407 8432	Fernworthy *	3.35	75	60	12:03			
via	SX 6467 8144	Stannon Tor	3.3	80	60	13:03			
4	SX 6460 7879								
via	SX 6064 7877								
5	SX 6159 7799	L							

via	SX 5685 7931	White Barrow	5.25	190	102	18:07	18:50	
6	SX 5450 8146	Standon Farm *	3.75	20	61	19:08	18:40	10:10
7	SX 5224 8324	Willsworthy *	4.41	105	80	07:20	18:30	11:20
8	SX 5300 8632	Nodden Gate *	4.36	95	78	08:38		12:30
via	SX 5673 8744	Kitty Tor	4.08	295	94	10:12		
9	SX 5890 8587	Great Kneeset	3	95	57	11:09		
10	SX 5864 8809	Dinger Tor *	2.26	80	44	11:53		15:40
FINISH	SX 5878 9262	Anthony Stile S/F (Ten Tors Start/Finish)	4.78	20	77	13:10		

You can do this, keep going! If lost use obvious features to determine location. If disqualified, you can ask for advice or confirmation of action by using the Checkpoints as escape locations. Remember all the checkpoints on the route are for assistance use only. If desperate for assistance use the nearest checkpoint.



# WHAT WE PROVIDE AT BASECAMP 1 of 2

- Tents for team team members (not the ones being carried)
- Dinner on Friday evening & Hot drink if desired
- Breakfast early Saturday morning
- A place to check through routes with navigators
- Someone to look after your mobile phones (remember to collect them at end of event)

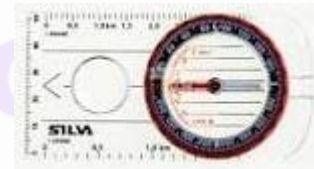
# WHAT WE PROVIDE AT BASECAMP 2 of 2

- Somewhere for Parents and Supporters to come and share the experience with us following the teams progress (we have a map of their routes)
- Somewhere for Leaders to hang out.... and fall asleep



## OTHER TIPS / INFORMATION ETC...

- What Fancy Dress are you taking to cross finish line?
- Remember Food (properly labelled as per kit list) and lots of high energy Snacks – packed in a handy location e.g. outside of top pocket of rucksack or in a bumbag.
- Suggestion if drinking from water bottle then ask another team member to have it on the outside of their rucksack and theirs on outside of yours so you can grab bottle and drink without stopping
- Navigators always have map folded showing where you are now plus a good distance into the route ahead – refold map at every checkpoint.
- Use your compass to ensure you are heading in the right direction.



- No stopping (other than for rainwear and refilling water bottles) as there will be time at the Checkpoints where you will be stopped long enough to plan your route ahead (set compass bearing) and get anything needed from your rucksacks (eat snacks at every checkpoint)
- Walk at a steady pace (don't start too fast)
- Ensure your rucksack fits correctly (tight around the waist where you will be taking all the weight – no weight on shoulder)
- Do your boot laces up tightly to prevent their coming undone and to ensure your ankles are protected
- No long toe nails ensure they have been cut to prevent foot / toe problems. Also to prevent blisters wear 2 pairs of socks (waterproof socks can also help to keep feet dry)

- Mobile Phones – 1 fully charged phone switched off per team (team leader's?) will be sealed to carry in emergency. All other phones and electronic equipment will be taken from you bagged and marked with your name. You can get them back from your Team Manager / Deputy Team manager after completing the event (don't leave without it)
- Alarm - Make sure at least one team member has a watch with an alarm (or small alarm clock) so you can get up and get ready to go again Sunday morning (checkpoints open at 6am) – you will not have your phones for knowing the time or for an alarm.
- Drink lots of water to prevent dehydration and lots of high energy (sugary) snacks to keep energy levels up.
- Don't burn – use sun lotion.

- Ensure you have Blister Plasters, if you are prone to blisters you should already have been hardening your feet with isopropyl alcohol (surgical spirit). Use zinc oxide tape on areas prone to blisters before starting.
- Carry pain relief medication and use at the first sign of pain – suggest using both Paracetamol (for pain relief) and Ibuprofen (for inflammation).



## **ITEMS TO BRING FOR FRIDAY / SATURDAY MORNING:**

- Please arrive wearing clothing and footwear other than expedition kit – Bring your boots and expedition wear for Saturday in a separate bag
- Can bring a pillow for a comfortable night on Friday night and any other creature comforts
- A camp seat (otherwise you will be sitting on the ground) at our basecamp – parents can use them too during the weekend when visiting our campsite.
- The extra bag(s) need to be clearly labelled with your name as they will stay at basecamp and get moved during the weekend – remember to pick them up from basecamp at the end of the event

- Bring your Explorer Unit's flag (ask your leader)
- Whatever you bring remember it could be a long walk from the car park but we will have a luggage trolley
- Check our location pre-notified to you on WhatsApp & Facebook and on arrival at the camping area look for our District banner – use What 3 Words App to find us.

Scouts

Cotswold Edge

Ten Tors

# AT END OF THE EVENT

- Parents can join the crowds leading up to the finish line, watch their medal presentation ceremony. The team members will get their pasty and then return to basecamp.
- Parents will be able to pick team members up from our basecamp where members will be able to pick up all their personal belongings (their labelled bags and chairs) and phones if team manager has not already returned them.
- There is a lot to clear up and take back to cars at the end of the event so if parents could help that would be appreciated
- Let a team manager / leader know that you are leaving
- When you leave Okehampton Camp on the Sunday afternoon you will not be permitted to drive down into Okehampton but will be directed from the camp road down the slip road directly onto the A30 in the wrong direction – continue to next A30 exit to rejoin the A30 in the correct direction (A30 towards Exeter).

# TEN TORS 2026 PINK CARD – RULES FOR PARTICIPANTS

## TEN TORS 2026 PINK CARD RULES FOR PARTICIPANTS

These Rules must be carried by the Team Leader and Deputy and followed by all participants.

Ignoring them may disqualify your Team or Establishment from this or future Ten Tors.

Ten Tors Challenge Specific Jubilee Challenge Specific Granite Challenge Specific

### Emergency procedures

If you are lost:

- Check your compass bearing and map and if possible, back-track to a known location.
- Consider following a stream down, or if near the edge of the Moor walking on a fixed bearing, until you can identify your position. In extremis, call for assistance recognising that you risk being withdrawn.
- Head for the Okehampton Loop Road.

If you need assistance:

- Stay together; if you cannot, then ensure nobody is alone.
- Press the Participant Safety Beacon's red button and send a text. If there is no reply within 10 minutes, use your phone.
- Call 07929 099 299.
- Put on hi viz vests and, at night, flash a light. If a helicopter approaches, stand still with your arms out.

If you cannot get through, call the Police on 999.

- If required, move to higher ground and/or the nearest staffed location taking the phone and tracker.
- To attract attention, make 6 short signals (e.g. whistles or flashes) repeated every minute; if heard / seen this should be acknowledged with 3 signals repeated every minute.

If you have a casualty:

- Treat the casualty and stay with them until they are properly handed over and you are cleared to proceed.
- Non-urgent and walking casualties should be taken to a Safety Control.
- For other casualties call for assistance, provide the following information and refer to the CASREP:
  - Who is the casualty? (Participant Number (or name if number not known))
  - Where is the casualty? (Grid reference and description)
  - When did the casualty occur? (Time)
  - What is wrong? (Injury or Symptoms)

### Moorland hazards

Water crossings.

- Rivers should be crossed only where it is safe to do so. Water should be very shallow and there should be no risk of injury or being washed away at the crossing point. Recognised crossing points are highly recommended and are marked on the event map.
- Ensure you follow the methods you have been taught in training.

Unexploded Ordnance.

- Unexploded ordnance surfaces occasionally; it may be dangerous so **DO NOT TOUCH**.
- Mark the area and give a grid reference and description of the object to the next staffed location.

Adders.

- Adders will quickly move away if near people. A bite may be painful, but it is **extremely unlikely** to be fatal.
- If bitten reassure the casualty and get them to lie down and keep still; immobilise the affected limb and check breathing and heartbeat for shock. Request assistance.

Ticks. Keep legs covered, especially if walking through long vegetation. Remove ticks carefully as taught.

Lightning strike. Avoid by sitting on rucksack in the open with no part of the body touching the ground.

### Climatic injury symptoms and treatment

Cold Injury (Hypothermia).

- Extreme cold, violent shivering, stiffness, tiredness, increased heart rate and irrational behaviour.
- Stop, get under cover, replace wet clothing, rewarm slowly, add extra layers, give warm sweet drink or energy food; do **not** try to warm by rubbing limbs.

Non-freezing cold injury.

- Hands and feet suffer pins and needles and / or feel numb.
- Dry hands and feet, change socks and gloves, use foot powder, wriggle limbs and exercise.

Freezing cold injury.

- Cold, painful, tingling followed by numbness and mottled white and pink skin.
- Get into shelter; do **not** re-warm.

Heat illness (Hyperthermia).

- Nausea, vomiting, cramps, disturbed vision, agitation, dizziness and confusion.
- Stop, lie casually in the shade, remove appropriate layers of clothing, and apply wet cloth to limbs and head. If conscious give water and elevate feet; if unconscious place in the recovery position.

In all cases of climatic injury request assistance immediately and be aware that others are also likely to be at risk.

### General rules

Procedures.

- Ensure you all know of team members' pre-existing medical conditions / allergies and the location of any medicine.
- High visibility vests must be worn in emergencies or when crossing or using roads.
- Safety Beacons are to be stowed clear of metal objects inside the top of the Team Leader's rucksack.
- Emergency mobile phone is to be switched off and stowed inside the top of the Deputy Team Leader's rucksack in an opaque, sealed waterproof bag.
- Upon reaching a staffed location, get the Control Card stamped and activate your tracker.

Voluntary Withdrawal (VW). If an individual or team do not wish to continue, they may only withdraw at a Safety Control (SC).

Directed Withdrawal (DW). Individuals or Teams will be directed to leave the Challenge if:

- In the opinion of a Ten Tors official it would be dangerous for them to continue.
- They are disqualified or the team drops below 4 members.
- They are unlikely to be able to reach the finish by Sat 1800hrs, Sun 1100hrs, Sun 1700hrs, probably as they are behind a cut off time.
- Ensure you take any team equipment from withdrawals and casualties, **especially the safety beacon**.

Act responsibly by remembering the Green Card you have followed in training.

- Respect property rights and stay within Public Rights of Way (PROW), access or common land.
- Respect the Moor and its other users, their property and livelihoods.
- Prevent wildfires by using cooking stoves carefully and being sensible near flammable areas.
- Protect plants and animals and if you see an animal in distress report it to the next staffed location.

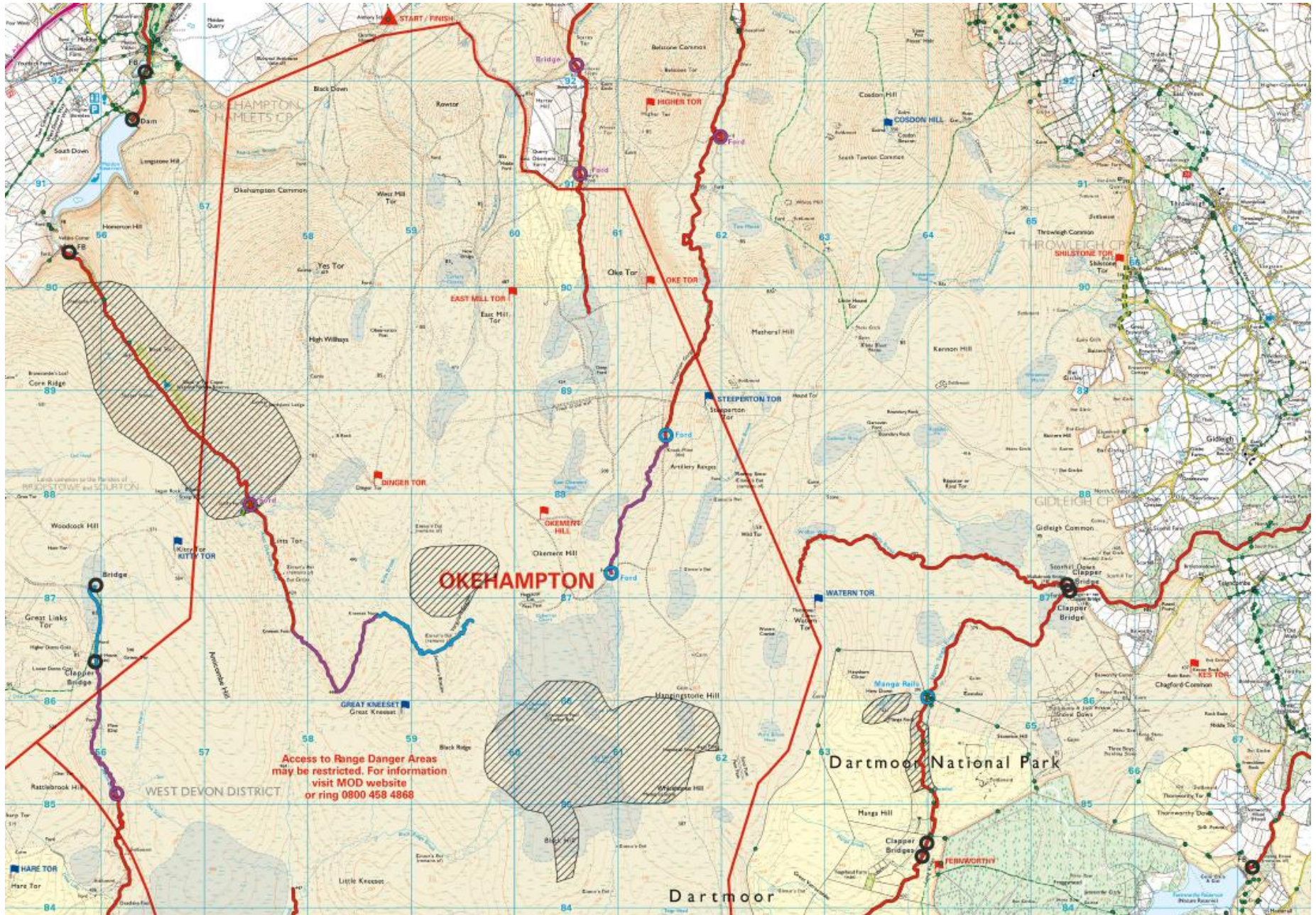
Out Of Bounds Areas.

- Metalled roads and an area 200m either side unless designated as in bounds.
- Rivers (as per the River State) and Out Of Bounds Areas as shown on Annex A to the Rules.

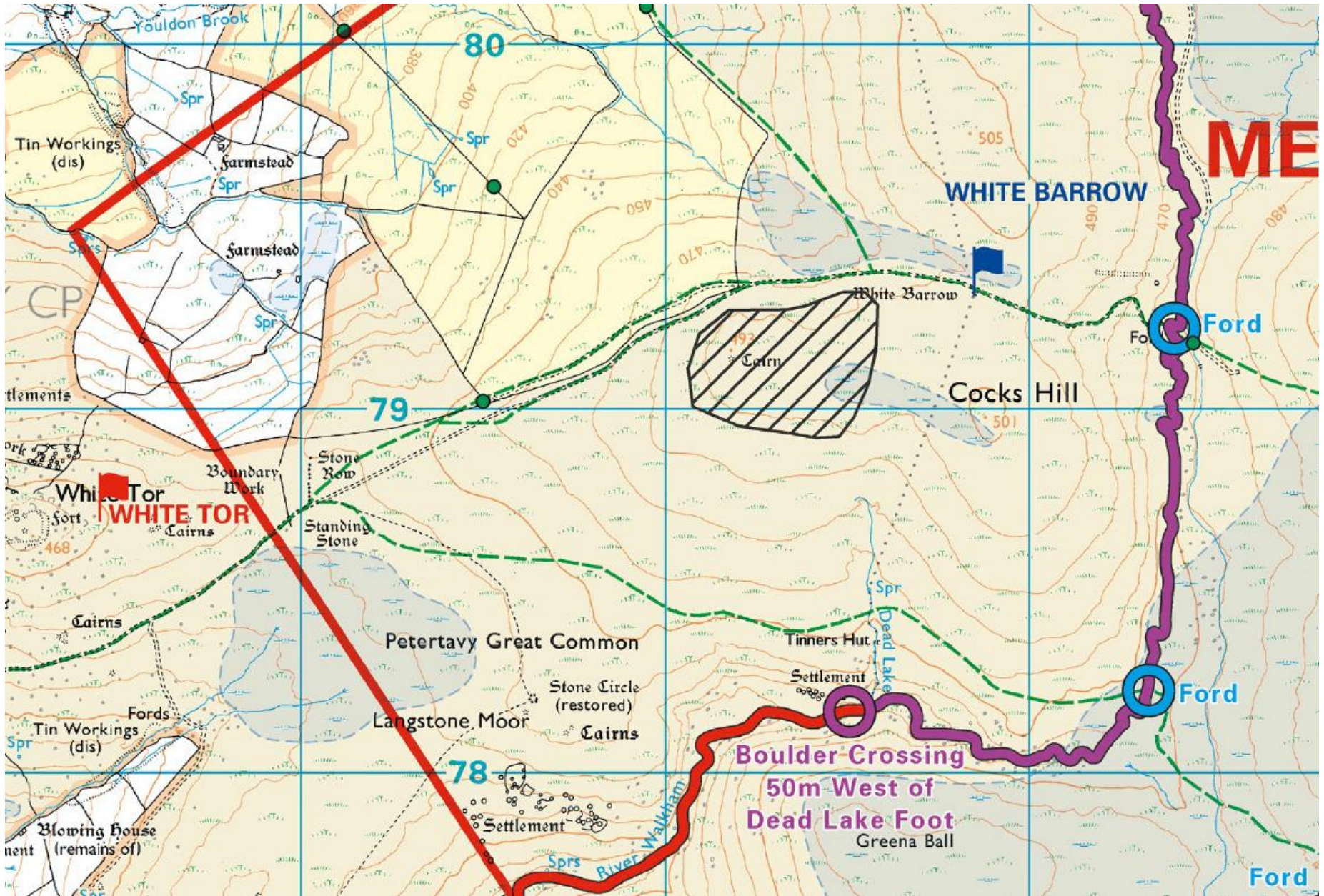
Camping.

- Tents **must** be pitched at least 2m from each other and from any naked flames.
- 35-mile teams must camp at a staffed locations by 2000hrs. where you are to activate your safety beacon, hand in your Control Card to the location staff and display your marker panels on all tents. Alert the location staff ASAP if you have a casualty overnight. On Sun morning all team members are to report to the location staff before departing. 45- and 55-mile teams must camp in an area where backpack camping is permitted, and at least 100m from any road or building and 500m from any staffed location.

# TEN TORS MAPS



# TEN TORS MAPS



# RIVER STATES EXPLAINED

## RIVER STATE - NORMAL

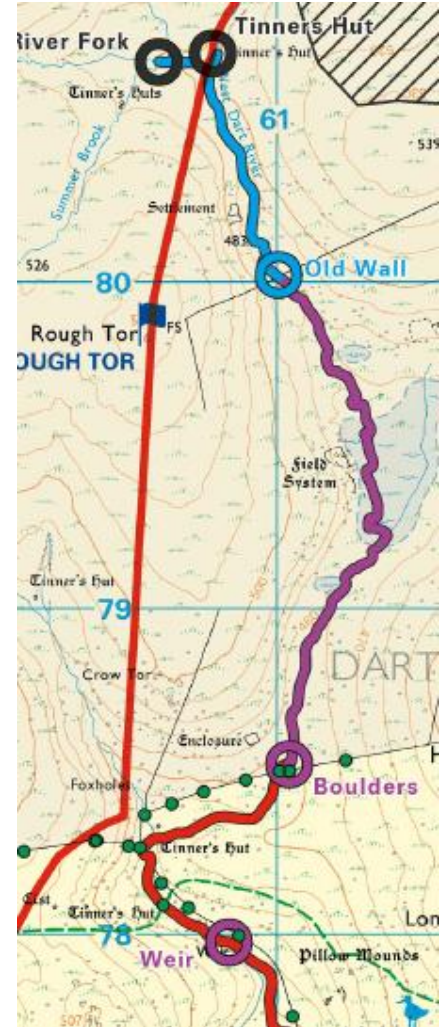
stretch	crossing	stretch	crossing	stretch	crossing
X	✓	✓	✓	✓	✓

## RIVER STATE - HIGH

stretch	crossing	stretch	crossing	stretch	crossing
X	X	X	✓	✓	✓

## RIVER STATE - VERY HIGH

stretch	crossing	stretch	crossing	stretch	crossing
X	X	X	X	X	✓



# TEN TORS 2026 ORANGE CARD – RULES FOR TEAM STAFF

## TEN TORS 2025 ORANGE CARD RULES FOR TEAM STAFF

Ignoring these Rules may disqualify your Team or Establishment from this or future Ten Tors.

**Ten Tors Challenge Specific**    **Jubilee Challenge Specific**    **Jubilee Challenge Plus Specific**

### Safety

**Team Managers (TMs) and Staff are responsible for:**

- The conduct and wellbeing of participants:
  - From arrival at Okehampton Camp until the start of the Challenge.
  - From handover at the Finish or fall out system until departure from Okehampton Camp.
- The conduct and safety of all involved with a Team including supporters.
- Ensuring that all those in the campsites, including visitors, are properly briefed. Visitors entering will receive basic safety information in the brochure issued to all drivers in the carparks.
- Issuing the Notice to Parents and Guardians and acting as the link between them and the Organisers.
- Support Ten Tors Enablers at military arranged activities.

**Fire.**

- Keep all designated routes in campsites clear and make sure that everyone knows where they are.
- Identify walkways to the designated main routes and liaise with neighbours to keep them clear.
- Minimise the number of gas and fuel containers in the campsites; spares are to be kept in the carparks.
- There must be at least 2m between any tent or camper van used for cooking and any other structure.
- Smoking is only allowed in designated areas; open fires (e.g. wood burners and BBQs) are forbidden.
- Establishments are to provide appropriate fire extinguishers.
- Generators are not permitted on the campsites so that emergency announcements can be heard.
- If there is a fire raise the alarm by shouting FIRE, FIRE, FIRE, call 999 and 01837 657187 and muster on the Parade Square. TMs are to report missing persons to a Steward.

**Medical Assistance.** St John Ambulance have mobile medical staff across Okehampton Camp during the Event that can be tasked by calling mobile number 07974 419 551.

**Vehicles.** Drivers are to follow the directions of Traffic Marshals, use the one-way circuit and comply with the traffic circuit speed limit of 15 mph.

- Unloading and loading is only permitted in designated areas; **Jubilee Challenge vehicles will only be allowed to enter the campsite in exceptional circumstances.**
- Vehicles are to be parked in designated parking areas as directed. Vehicles that are illegally parked or causing an obstruction may be towed away or receive a fixed penalty notice from the Police.
- There will be **NO** vehicle exit from Okehampton Camp on Sat 0600-0700hrs. On Sun 1300-1900hrs all traffic leaving Camp will be directed onto the A30 westbound slip road.
- Camper vans are only allowed in designated parts of the carpark; caravans are not permitted.

**Environmental Protection.**

- Use the litter and toilet facilities provided and report any problems immediately.
- Showers are available for **adult Team Staff only** on Sat 0800 – 1500hrs in Building 91.
- Do not climb over fences or rest kit on them – use the gateways provided.

**General safety.**

- Teams or advance parties are not permitted to enter the campsites before Thu 0630hrs. Young people (Under18) are not allowed to sleep within the campsite until 0900hrs on Fri.
- Establishments are to set up their own base within a campsite at Okehampton Camp; water, toilets, recycling and some catering is available, but otherwise Establishments must be self-sufficient.
- Dogs must be kept on a lead, may only transit the campsite, and must not stay overnight in carparks.

- Flying drones is strictly forbidden due to the serious safety risks they pose to helicopters.
- TMs are to ensure that alcohol is consumed in a responsible manner; **one member of staff must be able to take Safeguarding responsibility for their team at any point.**
- Keep campsite noise to a minimum from Fri 2200 – Sat 0500hrs and Sat 2200 – Sun 0700hrs.

### Procedures

**Registration.**

- Route allocation will be published on the TT website at 0900hrs on the Tue pre the Event.
- TMs are to report to Registration on Fri 0900 – 1645hrs to:
  - Confirm that team composition and critical information is correctly recorded.
  - Complete and hand in the Campsite record to PlInfo Hangar 83 (Download Campsite Record link found on TMs Dashboard).
  - Collect lanyards and rucksack bands for those participants without media consent.
  - Collect the wristband holders, x2 rubbish bags, Tracker, opaque bag for mobile phone and a TT Map (if required).
  - Add the river state to Control Cards.

**Post Registration.**

- Individuals are to be securely fitted with their personal ID wrist bands.
- TMs are to check maps are marked with all staffed locations supporting the JC, JC+ or TTC and all the detail contained in Annex A and Annex B to the Rules.
- TMs are to check teams' proposed routes for suitability and compliance with the Rules. TMs are to report any late changes to team membership at Registration on Sat 0530 – 0630hrs.

**Safeguarding.**

- The TM or a Deputy TM with photo ID is to accompany participants to their start by **0645/0715.0715hrs.**
- Either the TM or a Deputy TM is to be contactable in Okehampton Camp and able to accept safeguarding responsibility at all times during the Event until all participants have been signed back.
- Participants (voluntary or directed withdrawals, casualties or successful finishers) will only be signed back to the TM or a Deputy TM with appropriate photo ID. In the event of hospitalisation, responsibility will be handed over to the hospital and the TM or a Deputy TM will be informed.
- If a participant has not been returned to the TM or a Deputy TM by Sat **1800hrs** / Sun **1100hrs** / Sun **1700hrs** they must report this to the Withdrawal Coordination Centre to ascertain their location.

**Conduct.** Supporters and Staff must not interfere with the smooth running of the Challenge or **compromise the unsupported aspect except within 500m of the start and finish where they may encourage and enthuse.**

**Post event.** TMs are to inform the Organisers of any incident that occurs as detailed in the Rules.

### Additional Rules for the Ten Tors Challenge

**Extraction Contingency.** To support contingency plans for extracting large numbers of participants off the moor from Sat 0700hrs until the Establishment's final departure from Okehampton Camp, any Establishment with more than one team in the TTC is required to:

- Designate a road legal minibus which is to:
  - Be insured to transport participants from any Establishment.
  - Remain parked as directed in Okehampton Camp.
- Ensure a qualified driver and DBS-checked adult are fit and available to drive at one hour's notice.
- Plan for both to be deployed across Dartmoor in support of the Event at the cost of the Establishment.

**TM's Update.** The TMs Update on Sat 1800hrs will include critical safety information for the following day and thus attendance from at least one member of Staff per Team is **mandatory.**

**Feedback.** Please give us your feedback on TT25, via the survey at this QR code:

TEN TORS 25 Establishment Staff  
Survey





**DofE**  
**Expeditions**



**March: Wye Valley Weekend – DofE Bronze Expedition**

**April: 2<sup>nd</sup> Dartmoor Weekend – DofE Silver Practice Expedition**





**DofE**  
**Physical / Skill**  
**Options :**  
**Let us know...**



**Physical : Fitness – Walking (3 or 6 months)**  
**Aim: Gain Fitness through walking to complete Ten Tors**  
**Assessor: Steve, Derek or Chris**

**Skill : Navigation (3 months – for those who are navigators)**  
**Aim: Develop Navigation skills to walk in all environments**



# Scout Hikes Away, Nights Away & First Aid



Don't forget to tell your Explorer Leader about the First Aid Training, Hikes and Camping you have done during Ten Tors Training as they count towards your staged First Aid, Hikes Away and Nights Away badges



**BEST WISHES TO ALL OUR TEAMS – YOU CAN DO IT!**  
**(It is a challenge to complete not a race)**



**TEN TORS 2022**

*Headquarters South West  
congratulates*

*Xxxxxx Xxxxxxxx*

*of*

*Cots Edge Explorer Scouts*

*for completing the Ten Tors Challenge 35-mile Route*

Colonel Gary McDade  
Director Ten Tors and Commander South West  
May 2022

*for completin*

Colonel Gary McDade  
Director Ten Tors and Commander South West  
May 2022

# ANY QUESTIONS?

- Don't leave the meeting without your questions answered - Ask Now!
- If you have any further questions check our website (<https://cesd.org.uk/tentors>)



Facebook: [www.facebook.com/CotswoldEdgeDistrictTenTors](https://www.facebook.com/CotswoldEdgeDistrictTenTors)  
Instagram @cotswoldedgedistricttentors  
([www.instagram.com/cotswoldedgedistricttentors/](https://www.instagram.com/cotswoldedgedistricttentors/))



- Or contact us:

e-mail us on [TenTors@cesd.org.uk](mailto:TenTors@cesd.org.uk)

phone/text/WhatsApp: Steve Martin: 07875 032257  
Derek Forward: 07973 222341  
Chris Harris: 07880 528810

**SEE YOU  
NEXT WEEKEND !**

**Steve Martin: 07875 032257**

**Derek Forward: 07973 222341**

**(Home Contact) Chris Harris: 07880 528810**

**Cotswold Edge  
Ten Tors**